

Management of HTN in DM

Lifestyle changes & medications

Albuminuria or CAD

ACEi or ARB

Add CCB or
Thiazide-like diuretic

Add Thiazide-like diuretic
or CCB

Add spironolactone

Consider referral
(can add Beta blocker, alpha blocker,
vasodilator, centrally-acting)

No albuminuria, No CAD

(ACEi or ARB) or CCB or
Thiazide-like diuretic

Add CCB or (ACEi or ARB)
or Thiazide-like diuretic

Add Thiazide-like diuretic
or (ACEi or ARB) or CCB

Some authorities
recommend starting with
ACEi or ARB

CAD: coronary artery disease
CCB: calcium channel blocker

(dihydropyridine type such as amlodipine, nifedipine)
Thiazide-like: (such as indapamide, chlorthalidone).
If not available, use hydrochlorothiazide

Go to next step if BP is uncontrolled